**Alabama Baseball Coaches Association**

**2018 UNSIGNED HIGH SCHOOL SENIOR BASEBALL PLAYER SHOWCASE**

***When & Where*:**

**Sunday, May 20 at Auburn University at Montgomery (AUM)**

Campus Address: 7400 East Drive, Montgomery, Alabama 36117, Check-in/on-site reg. and workout at the main university field on campus. 12:30 p.m. – 1:30 p.m. On-site registration/Pre-registration check-in,

workout thereafter.

\* Colleges committed to being at this workout (as of May 1): Bevill-Fayette, C.C., Bishop St., Central Alabama C.C.,

Chattahoochee Valley C.C., Coastal AL-East C.C., Coastal AL-North C.C., Coastal AL-South C.C., Enterprise St. CC, Lawson State C.C. Wallace-Selma C.C.

***Who May Attend*:** Any 2018 Senior High School Baseball Player – AHSAA, AISA, Home Schooled, etc.

***Cost*:** FREE, if the Players Coach is a 2017 - 2018 ALABCA Member and the player pre-registers online by May 13. This is to cut down the on-site reg. line come the day of the workout. $25 for on-site reg. fee if the player’s coach is a member. Forms of payment accepted on-site: Cash & Credit Card Only. *To see if your head high school baseball is a member go to,* [*www.alabca.org*](http://www.alabca.org)*, see the Membership link at the top of the home page.*

$25 to pre-register by May 13 for any player who’s coach is not a 2017 – 2018 ALABCA Member. $40 on-site. He may join on-line before you register, so you and other players from your school may workout for free.

***How to Register*:**

***You may only pre-register on line at: [www.alabca.org](http://www.alabca.org), see the Events link on the home page to find the Unsigned HS Senior Workout pre-registration link. You may register on-site as well.***

Parents must sign a player’s physical certification/voluntary waiver release before their son

works out, either on-line (check the box) if you pre-reg. or print a form off of our site, sign it and

have your son bring it to the workout.

***Workout Format*:**

1. All participants are timed in the 60, 2) Pitchers throw 12 pitches in the bull pen (4 FB, 4 CB, 4 CH)

(Pitchers may leave if they are PO’s after they throw, 3) Defensive work: OF - Throw from RF – 2 to 3B,

2 to home, INF – Round of infield, Catchers - throw 4 to 2B. 5) On-Field Batting Practice (8 cuts),

This is a professional style workout.

***In case of inclement weather*** - The night before the workout – check the ALABCA web-site by 8 p.m. to see if there is a delaying/rescheduling/cancelling of the workout. Go to [www.alabca.org](http://www.alabca.org), see the Upcoming Events Section on the

left hand side of the home page.

Any questions may be directed to Barry Dean at: (334)676-0434 or [barrydean@alabca.org](mailto:barrydean@alabca.org).

***Common Questions*:** Players should bring their own baseball gear to workout in – attire, spikes and turfs, hat, glove, bat, etc. Baseballs, helmets & water will be provided. Players may eat on their own during the workout when they have down time and are not being worked out. Workouts will be over whenever each player is fully worked out – depends on how many players participate.