**Alabama Baseball Coaches Association**

**20th Annual 2019 Underclassman Regional Workouts (May 28 – May 30)**

**2019 20th Annual All-Star Event of Instruction, Workouts & Games, for classes 2020 – 2022, June 11 – 13, held at Troy University, Troy, AL.**

**2019 2nd Annual Middle School All-Star Event for Classes 2023 & 2024, June 23 – 24, held at Troy University**

***Registration Process: 1) Any AHSAA, AISA, Christian Sch. Assn., Home Sch, 2020 - 2024 student-athletes may attend either one of the three workouts in their half of the state for their convenience, however they may attend only one workout. 2) Player workout fee: If the athlete’s head high school or travel ball coach is a 2018-2019 ALABCA member: On-line pre-reg. $50 (by 5/5), $60 (by 5/19), $70 mail-in (must be postmarked by May 10) with cashiers check or money order only & form & player waiver filled out, $80 for on-site reg. If athlete’s head HS or TB coach is NOT a 2018 - 2019 ALABCA Member: On-line pre-reg. $90 (by 5/5), $100 (by 5/19) If you mail-in form and waiver, with a cashiers check or money order: $110 (postmarked by 5/10), $125 for on-site reg. Pre-reg. mail-in form’s and checks must be postmarked by May 10, no personal checks will be accepted. School’s/TB Teams who’s head coaches are members will be listed on our web-site on the Membership tab. 3) Inclement Weather Thoughts: Players should bring their turf/tennis shoes in case we hold part of the workout inside a facility or on a turf field. If rain is strongly forecasted please check*** [www.alabca.org](http://www.alabca.org)***, in the Upcoming Events section on the left hand side of the home page, to see if the workout has been postponed, by 8:00 p.m. the night before your workout. If we begin a workout and have to reschedule it we’ll do so, in order to give the players a fair chance to workout in better conditions. Very sorry for this inconvenience. All on-line transactions will have an extra non-refundable 4% credit card and paypal fee added.***

To pre-register (On-Line end’s May 19, Mail-In ends May 10) and avoid standing in a long on-site registration line, please go to [www.alabca.org](http://www.alabca.org), see the Underclassman Regional Workouts link under the Upcoming Events Section. The pre-registered player will still check-in on-site, yet this will be much quicker. Players who register on-site may pay with cash, cashiers check, money order or credit card (no personal checks will be accepted). Each workout will be completed when all the players are worked out (usually takes 4/5 hours). Players will have time during the workout to eat on their own. Players should dress in baseball practice or game attire and bring their own equipment (clearly mark each item with a black sharpie magic marker).

*Parents must sign a Voluntary Release Waiver before their son works out. This form is on-line if you mail-in your fee. If registering on-line check the box.*

***\*\* PLEASE MAKE COPIES OF THIS FLYER & A REGIONAL WORKOUT PRE-REG FORM & WAIVER & HAND THEM OUT TO EACH ONE OF YOUR UNDERCLASSMEN \*\****

***For general Underclassman questions please contact Barry Dean: (334)676-0434 /*** [barrydean@alabca.org](mailto:barrydean@alabca.org)

Northern Workout Dates & Sites Counties zoned for these workouts

***\* Revised workout dates (May 28 – May 30)*** Players from the Blount Calhoun, Cherokee, Clay,

Tuesday, May 28 Univ. of AL- Huntsville counties to the right Cleburne, Colbert, Cullman, De Kalb,

Wednesday, May 29 Mtn. Brook HS (Birmingham) may attend either one of Etowah, Fayette, Franklin, Jackson,

Thursday, May 30 Albertville High School the northern workouts for Jefferson, Lamar, Lauderdale,

Friday, May 31 Rain Date, If Needed their convenience, Lawrence, Limestone, Madison, Marion,

however, they may Marshall, Morgan, Pickens, Randolph,

participate in only Shelby, St. Clair, Talladega, Tuscaloosa,

All Northern Workouts 9:00 – 10:00 a.m. player check-in, then Walker, Winston

workout thereafter, except for Mtn Brook HS workout, 12:00 – 1:00 p.m. check-in., then workout

Southern Workout Dates & Sites Counties zoned for these workouts

***\* Revised workout dates (May 28 – May 30)***  Players from the Autauga, Baldwin, Barbour, Bibb,

Tuesday, May 28 Baldwin County HS counties to the right Bullock, Butler, Chambers, Chilton,

Wednesday, May 29 Auburn Univ-Montgomery may attend either one of Choctaw, Clarke, Coffee, Conecuh,

Thursday, May 30 Eagle Stadium, Ozark the southern workouts Coosa, Covington, Crenshaw, Dale,

Friday, May 31 Rain Date, If Needed for their convenience Dallas, Elmore, Escambia, Geneva,

however, they may Greene, Hale, Henry, Houston, Lee,

participate in only Lowndes, Macon, Marengo, Mobile,

one workout. Montgomery, Monroe, Perry, Pike, Russell,

All South Workouts 9:00 a.m. – 10:00 a.m. check-in, workout thereafter) Sumter, Tallapoosa, Washington, Wilcox

Please see the High School All-Star Event (HS ASE) Itinerary to find out more about this very unique event. Go to [www.alabca.org](http://www.alabca.org), click on Event tab at the top of the home page, see the High School All-Star Event link thereafter. The HS All-Star Event begins Tuesday, June 11, 4:00 p.m. at Troy University in Troy, AL. Players check-in from 12:30 – 2:30 p.m., Banquet and Academic Presentation for Players & Parents, 6:30 p.m.

Tuesday, June 11 – Thursday, June 13: All-Star Event of Instruction, Workouts & Games. The cost for players invited to the event is $350.

Please see the Middle School All-Star Event (MS ASE) itinerary to find out more about this unique 2nd year event held at Troy University, June 23 – 24.

Go to [www.alabca.org](http://www.alabca.org), see the Middle School All-Star Event link under the Events tab at the top of the home page. Event occurs just before the SUS.

Two – three teams (Classes of 2020 – 2022, HS All-Star Event June 11 - 13) of twenty players & Two teams (2023 – 2024, Middle School ASE June 23 – 24 at Troy University, 2nd Year Event) of at least 10 players (max 15) will be chosen from all the northern workouts combined, and two 10 + player teams from all the southern workouts combined. Teams will be chosen by Professional Scouts and/or College Coaches. The teams will be coached by Community College and/or HS Coaches from around the state at each All-Star Event. At each workout players will be timed in the 60, throw from their positions, take eight cuts on the field, and pitchers will throw seven pitches in the bull pen. This is a pro-style workout. Teams will be listed on the ALABCA’s web-site three days after the final workout (May 30 is the final workout, unless, at the ALABCA’s discretion, they reschedule a workout due to rain). Players/Parents must pay their All-Star Event registration fee three days after they’ve been notified their son made a team (that will vary for some players), to reserve a roster spot. We’ll call alternates thereafter to complete the rosters. If any workout is rescheduled because of rain that will delay us calling some player’s and the posting of the teams. *If a workout is postponed we’ll put the make-up date on our website in the Upcoming Events section on left side the home page.* Four middle school teams (2023 & 2024 classes) of at least 10 players will be chosen, 2 from the north and 2 from the south, to play against each other June 23 & 24 on the campus of Troy University, just before the Southeastern Underclassmen Shootout. The 4 middle school teams may have 10 – 15 players per team, depending on talent level that attends the workouts.

One 20 - 25 player 2020 - 2022 Team Alabama will be chosen from the High School All-Star Event to play Team’s KY, TN, LA, MS and FL at Troy University,

June 24 – 27 in the 4th Annual Southeastern Underclassman Shootout (SUS). The SUS Workout and Game Schedule may be found under the Events link at [www.alabca.org](http://www.alabca.org), see the Team Alabama link. Last years SUS had 32 college coaches attend and 5 professional scouts.

There will be a $10 cancellation fee on all workout refund request. You have up until three days after your workout to request your refund to: [barrydean@alabca.org](mailto:barrydean@alabca.org). After a player registers for a workout he may change the workout he registered for WITHOUT calling the ALABCA and informing them. Simply show up at the other workout and tell them he was registered for another workout, yet was attending the one that day. Thank you.

\* See the Endorsement link at alabca.org to see what people think about the All-Star Event.

***\* If you pre-register for your workout on-line please bring your paypal receipt with you to check-in. Thank You***