

## Day 1 Itinerary - ALABCA JV All-Star Event, Monday, July 12, 2021

12:00 p.m. - 1:00 p.m. (All times CST): JV ASE Staff Meeting at Troy University's Civic (Upper) Room of the Dining Hall. Pick up dorm room key at this meeting and review JV ASE itinerary.

1:00 p.m.: Staff Lunch at Troy University Dining Hall.

2:30 p.m. - 3:30 p.m.: Team's Check-in to dorm at Trojan Basketball Arena. They'll be directed to Rushing Hall Dorm from there. Trojan Arena is located on International Blvd. When arriving in Troy on highway 231, turn onto George Wallace Drive by the Troy University marquee sign & Sonic. Drive approx. 1.4 miles, turn left onto International Blvd (4th red light). Take the first left. It may be found on google maps. Team Check-In times: Team 1 (Cardinal) 2:30 - 2:50 p.m., Team 2 (Black) 2:30 - 2:50 p.m., Team 3 (Columbia Blue) 2:50 - 3:10 p.m., Team 4 (Navy) 2:50 - 3:10 p.m., Team 5 (Royal Blue) 3:10 - 3:30 p.m., Team 6 (Forrest Green) 3:10 - 3:30 p.m. At the corner of George Wallace Blvd and University Avenue on Troy University's Campus directional signs may be found for Check-In, the All-Star Event Dorm, General Assembly and Banquet.

**4:15 p.m. Teams meet in Rushing Hall lobby with High School Coach to be bused to Trojan Center for General Assembly. Dressed for banquet, dress slacks and collared (golf or button down) shirt.**

4:45 p.m.: CST. Welcome Players and Parents to ASE. Barry Dean, ALABCA Executive Director, Held in Troy University's Trojan Center. All-Star Event Staff Introduces themselves. **LOOK FOR GENERAL ASSEMBLY & BANQUET SIGN OUTSIDE THE TROJAN CENTER.** Both the General Assembly and Banquet are held on the 2nd Floor of the Trojan Center. Parents are encouraged to attend this even if they're not eating.

5:10 - 5:40 p.m.: Mike Mordecai, Athletic Director/Head Baseball Coach - Northside Methodist Academy (Dothan) / Former 10-Year MLB Player - World Series Champion 1995 Atlanta Brave and 2003 Florida Marlins. "What I would tell myself at your age after having played Division I College and Major League Baseball."

Stretch Break

5:50 - 6:10 p.m.: Justin Weeks & Margaret Dean - Talk title: "Why We've Waited." This talk is for JV players and above. Parents urged to attend. This mid-20's year old couple has known each other since 2016, dated since 2018, engaged since January 2021, getting married in December of 2021. They share how they've maintained pure and chaste relationship.

Stretch Break

6:15 - 6:45 p.m. (CST): J.D. Pruitt, Spanish Fort High School - Head Baseball Coach: "The Importance of Strength & Conditioning on the High School level and above."

6:50 p.m.: Review of the ASE daily itinerary and player expectations on and off the field. Barry Dean, ALABCA Executive Director & Johnny Johnson, ALABCA Board Member/ASE On-Field Coordinator/James Clemens HS Head Baseball Coach.

7:15 p.m.: Banquet, Academic/Athletic Info Covered by Santiago Pinzon - Troy University NCAA Compliance & Barry Dean.

After the Banquet: Players walk back to the dorm with their High school Coach. If any players drove a car to the All-Star Event their High School Coach takes their keys up now. No players may drive on campus during the All-Star Event. Players may play spike ball and corn hole back at the dorm until 10:15 p.m. Hot Stove Positional Sessions will occur now as well. Coaches talk on pitching, hitting, fielding, base running with the players.

10:30 p.m.: Players must be in their dorm.

11:00 p.m.: Players in their room, lights out.