

## Day 1 Itinerary - ALABCA High School Varsity All-Star Event, Monday, June 12, 2023

**9:30 AM:** Staff meeting. Lunch in Trojan Dining Hall after meeting.  
Coaches helping with check-in need to be in Trojan Arena by 12:15 PM.

**1:00 PM - 2:30 PM:** Teams Check-in at Trojan Wellness and Fitness Center. They'll be directed to dorm from there. Trojan Wellness and Fitness Center is located on the corner of Geroge Wallace Dr and University Ave, across from Riddle-Pace Field. Team Check-In times:  
**1:00-1:45** Cardinal, Black, and Columbia / **1:45-2:30** Navy, Royal, and Forest

**3:30 PM** Teams meet in your dorms lobby with HS Coach to be bused to Trojan Arena for General Assembly.  
*Dressed for banquet, slacks and collared shirt.*

**4:00 PM - 4:15 PM:** Welcome Players and Parents to ASE. Barry Dean, ALABCA Executive Director, Held in Troy University's Trojan Center theatre.  
All-Star Event Staff Introduces themselves.

**4:15 PM - 4:25 PM:** Skylar Meade - Head Baseball Coach (Troy University)  
Welcome to Troy University.

**4:25 PM - 4:55 PM:** Jon Sumrall, Head Football Coach - Troy University, "Building a Winning Culture"

**5:00 PM - 5:30 PM:** Ryan Limbaugh, FCA State Director - Former Collegiate Baseball Player:  
Central Alabama Community College and Huntingdon College. "Act Like Men"

**5:35 PM - 5:55 PM:** Johnny Johnson - Chairman of the Board (ALABCA) Head Coach (James Clemens High School)  
Review of the ASE daily itinerary and player expectaitons on and off the field.

**6:00 PM - 6:15 PM:** Head to Banquet Hall and Break

**6:15 PM - 7:00 PM:** Dinner

**7:00 PM - 8:00 PM:** Talks on scholarships, recruiting calendars, and other information form college coaches from each level.  
(NCAA I, II, III, NAIA, Community College)

**8:00 PM:** Players and Coaches Meet at Trojan Center as teams.

**8:30 PM.:** Players and Coaches walk back to dorms

**11:00 PM:** Players in their room, lights out.